

ZC 2026: Session: 5: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaïke

Coaches: Derumeaux Andrew HEADCOACH

Coaches: Christiaens Marloes

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M FREESTYLE WOMEN 13-14			Heat:5, starttime: 09:38
Heat: 5/12 Lane : 7 Athlete: LEMAHIEU LUCIE			Q-time: 01:15:56
PB (50m pool): 01:15.56 Antwerpen 15/03/2026			PB (25m pool): 01:19.51 SB: 01:15.56 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.60	01:15.56	
	00:35.60	00:39.96	
			

Coach feedback:

Event number: 40: 200M BACKSTROKE MEN 13-14				Heat:3, starttime: 10:01
Heat: 3/5 Lane : 6 Athlete: VICTOR SAM				Q-time: 03:00:04
PB (50m pool): 03:00.04 Antwerpen 13/07/2025				PB (25m pool): no time SB: 03:02.28 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:43.51	01:29.84	02:15.59	03:00.04
	00:43.51	00:46.33	00:45.75	00:44.45
				

Coach feedback:

Event number: 41: 50M BREASTSTROKE WOMEN 15+			Heat:4, starttime: 10:17
Heat: 4/8 Lane : 7 Athlete: DESODT FELIEN			Q-time: 00:42:16
PB (50m pool): 00:42.16 Brugge 01/02/2026			PB (25m pool): 00:50.26 SB: 00:42.16 Brugge 01/02/2026
	5 0 M		
PB	00:42.16		
	00:42.16		
			

Coach feedback:

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Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:5, starttime: 10:18	
Heat: 5/8 Lane : 5 Athlete: CAUS FLOOR				Q-time: 00:40:56	
PB (50m pool): 00:41.21 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 00:40.56 SB: 00:41.21 Lago Kortrijk Weide 03/05/2026	
	5 0 M				
PB	00:41.21				
	00:41.21				
					

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 15+				Heat:6, starttime: 11:00	
Heat: 6/11 Lane : 2 Athlete: LEYNAERT ARNE				Q-time: 00:31:98	
PB (50m pool): 00:31.98 Antwerpen 13/07/2025				PB (25m pool): 00:35.54 SB: no time	
	5 0 M				
PB	00:31.98				
	00:31.98				
					

Coach feedback:

Event number: 47: 200M BREASTSTROKE WOMEN 15+				Heat:2, starttime: 11:33	
Heat: 2/5 Lane : 6 Athlete: DESODT FELIEN				Q-time: 03:16:65	
PB (50m pool): 03:16.65 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 03:25.10 SB: 03:16.65 Lago Kortrijk Weide 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.68	01:34.70	02:25.82	03:16.65	
	00:44.68	00:50.02	00:51.12	00:50.83	
					

Coach feedback: